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ENERGY PSYCHOLOGY CERTIFICATION

# MARKETING MODULE

CLIENT BRIEF SURVEY SCORING

### ANXIETY

Anxiety is measured in questions 1a and 1b. The scores are summed with possible range of 0 to 6. A score of 3 or greater on the Anxiety subscale indicates the likelihood of anxiety disorders such as generalized anxiety disorder, panic, social anxiety, and posttraumatic stress disorder.

### DEPRESSION

Depression is measured in questions 1c and 1d. The scores are summed with possible range of 0 to 6. A score of 3 or greater on the Depression subscale indicates the likelihood of a depressive disorders.

### PTSD

PTSD is measured in questions 2a and 2b. The scores are summed with possible range of 2 to 10. A score of 4 or greater indicates the likelihood of PTSD.

### HAPPINESS

Happiness is measured using an 11 point scale ranging from 0 to 10. In the study validating this question against longer surveys, the average happiness score was 6.5.

### PAIN

Pain is measured using an 11 point scale ranging from 0 to 10. Pain is subjective and the score is measured by the client before and after a session.

